

THE Reserve at Braeswood



THE RESERVE AT
BRAESWOOD
SENIOR LIVING AT EASE

Like Us!  

Lifestyle

ASSISTED LIVING COMMUNITY
7800 N Stadium Drive · Houston, TX 77030

APRIL 2025



Laura with Faithful Paws Pet Therapy doing her monthly visit. Mrs. Ruth Hamilton asking Liba if she wants some southern chicken.

Spread Some Spring

"A kind word is like a spring day." —Russian proverb



Queen Celia and King Bill Celebrating the Coronation on Valentine's Day.

Don't Throw Your Money Away

Minimalism, or paring down possessions, can be detrimental if taken to the extreme. You'll waste money if you get rid of items you'll need in the future. Donating that vase you've never liked is one thing. Clearing out office supplies or beauty products because you're tired of the clutter is another. Instead, use an organizational system that keeps necessary products easy to find but out of the way.

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Chasing Rainbows

A rainbow is one of the most wondrous sights in nature. Here's how you can spot one! Rainbows are caused by light shining through water, so the best time to look for them is during a break in a rainstorm, when the sun is peeking out. Early mornings and late afternoons are better. Look for the sun in the sky and then turn your back to it—rainbows only appear across from the sun. The sky beneath a rainbow is brighter than the sky above it, so if you see a bright patch of sky, look closely. There may be a faint rainbow! When a rainbow itself is especially vibrant, there may be a double rainbow reflected from the top of the arc. The colors of this rainbow will be in reverse.

Famous Faces Born in April

April 1, 1939: Ali MacGraw
April 11, 1941: Ellen Goodman
April 19, 1962: Al Unser Jr.
April 23, 1990: Dev Patel
April 29, 1983: Megan Boone

**"April is a promise that May is bound to keep."
—Hal Borland**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		April Fools' Day 1 10:00 Morning Devotion 10:30 Exercises w/ Select Rehab 11:00 What's Next 2:00 Seasonal Craft 3:00 Garden Bingo Game 3:30 Color Balls Toss 4:00 Show & Tale 6:00 Evening Movie -LR	2 10:00 Morning Meeting 10:30 Patriotic Songs 11:00 Guess Who 2:00 Ice Cream Social 3:00 Divine Mercy Chaplet 3:30 Catholic Services w/ Gloria 4:00 Walking Group 6:00 Wheel Of Fortune-LR	3 10:00 Morning Inspirations 10:30 Chair One Fitness 11:00 Cliches 2:00 Afternoon Meeting 2:30 Trivia w/ Karla 3:00 Bingo Game 4:00 Walking Group 6:00 Evening Movie-LR	4 10:00 Morning Devotion 10:30 Bingo Game 11:00 Bingo Game 2:00 Afternoon Meeting 2:30 Movie & Popcorn (Residents' Choice) 4:00 Menu Reading w/ Dolores 6:00 Wheel Of Fortune-LR	5 10:00 Morning Meeting 10:30 Fit for Life 11:00 Walking Group 2:00 Afternoon Meeting 2:30 Bowling Game 3:30 Color Art 4:00 Walking Group 6:00 Evening Movie-LR
6 10:00 Morning Meeting 10:30 Sittercise w/ Music 11:00 Tell Famous People 2:00 Sing Along Church Hymns 3:00 Virtual Lakewood Church Services 4:00 Sing along w/ Tom Melady 6:00 Evening Movie-LR	7 10:00 Morning Inspirations 10:30 Exercise with Music 11:00 Clue Trivia 2:00 Fairytale Book Quiz 3:00 Make Fairytale Bingo Cards 3:30 Laminated Bingo Cards 4:00 Sing Along w/ Keeley 6:00 Wheel Of Fortune-LR	8 10:00 Morning Devotion 10:30 Exercises w/ Select Rehab 11:00 Pet Trivia 2:00 Jewelry Making 3:00 Spring Flowers Bingo 3:30 Memory Lane 4:00 Karaoke w/ Sharon 6:00 Evening Movie -LR	9 10:00 Morning Meeting 10:30 Patriotic Songs 11:00 Odd One Out 2:00 Ice Cream Social 3:00 Divine Mercy Chaplet 3:30 Catholic Services w/ Fernandita 4:00 Walking Group 6:00 Wheel Of Fortune-LR	10 10:00 Morning Inspirations 10:30 Chair One Fitness 11:00 Walking Group 2:00 Afternoon Meeting 2:30 Easter Wreaths 3:30 Puzzle Mania 4:00 Walking Group 6:00 Evening Movie-LR	11 10:00 Morning Devotion 10:30 Fairytale Bingo 11:00 Fairytale Bingo 2:00 Afternoon Meeting 2:30 Movie & Popcorn (Residents' Choice) 4:00 Menu Reading w/ Juanita 6:00 Wheel Of Fortune-LR	Passover Begins at Sundown 12 10:00 Morning Meeting 10:30 Sittercise w/ Music 11:00 Walking Group 2:00 Afternoon Meeting 2:30 Egg Carton Seed Starter 3:30 Color Art 4:00 Walking Group 6:00 Evening Movie-LR
Palm Sunday 13 10:00 Morning Meeting 10:30 Fit for Life 11:00 And The Top 10 Are..... 2:00 Sing Along Church Hymns 3:00 Lakewood Church Ministries 4:00 Walking Group 6:00 Evening Movie-LR	14 10:00 Morning Inspirations 10:30 Chair One Fitness 11:00 Geography Trivia 2:00 Finish The Phrase 2:30 Movies and Television 3:00 Karaoke w/ Karla 4:00 Walking Group 6:00 Wheel Of Fortune-LR	World Art Day 15 10:00 Morning Devotion 10:30 Exercises w/ Select Rehab 11:00 History on Art Day 2:00 Afternoon Meeting 2:30 Classic Art Bookmarks 3:30 Picasso- Inspired Self-Portraits 4:00 Walking Group 6:00 Evening Movie -LR	National Wear Pajamas To Work 16 10:00 Morning Meeting 10:30 Patriotic Songs 11:00 Give me 5 2:00 Ice Cream Social 3:00 Divine Mercy Chaplet 3:30 Catholic Services w/ Gloria 4:00 Walking Group 6:00 Wheel Of Fortune-LR	17 10:00 Morning Inspirations 10:30 Chair One Fitness 11:00 Walking Group 2:00 Afternoon Meeting 2:30 Easter Decorated Biscuits 3:30 Easter Bingo 4:00 Walking Group 6:00 Evening Movie-LR	18 Good Friday 10:00 Morning Devotion 10:30 Fairytale Bingo 11:00 Fairytale Bingo 2:00 Afternoon Meeting 2:30 Movie & Popcorn (Residents' Choice) 4:00 Menu Reading w/ Celia 6:00 Wheel Of Fortune-LR	19 10:00 Morning Meeting 10:30 Fit for Life 11:00 Walking Group 2:00 Afternoon Meeting 2:30 Bowling Game 3:30 Color Art 4:00 Walking Group 6:00 Evening Movie-LR
Easter Sunday 20 10:00 Morning Meeting 10:30 Sit and Be Fit with Sharon 11:00 Easter Egg Hunt Trivia 2:00 Unscramble The Egg Game 3:00 Egg Hunting Outside 4:00 Easter Egg Scavenger Hunt 6:00 Evening Movie-LR	21 10:00 Morning Inspirations 10:30 Patriotic Songs 11:00 Slang Expressions 2:00 Slogans 2:30 Titles and Quotes from Literature 3:00 General Trivia Politics/ Government 3:30 General Trivia Sports 4:00 General Trivia Entertainment 6:00 Wheel Of Fortune-LR	Earth Day 22 10:00 Morning Devotion 10:30 Exercises w/ Select Rehab 11:00 Walking Group 2:00 Mother Earth Day Facts and Trivia 3:00 Earth Day Bingo 4:00 Walking Group 6:00 Evening Movie -LR	23 10:00 Morning Meeting 10:30 Patriotic Songs 11:00 Chair One Fitness 2:00 Ice Cream Social 3:00 Divine Mercy Chaplet 3:30 Catholic Services w/ Fernandita 4:00 Walking Group 6:00 Wheel Of Fortune-LR	24 10:00 Morning Inspirations 10:30 Sit and Be Fit with Sharon 11:00 Clichés 2:00 April Residents' Birthday Party/ w Billie Jones 2:30 Birthday Reminiscing Questions 3:30 Birthday Bingo 4:00 Birthday Cake Ring Toss 6:00 Evening Movie-LR	25 Arbor Day 10:00 Morning Devotion 10:30 Fairytale Bingo 11:00 Fairytale Bingo 2:00 Afternoon Meeting 2:30 Movie & Popcorn (Residents' Choice) 4:00 Menu Reading w/ Anna 6:00 Wheel Of Fortune-LR	26 10:00 Morning Meeting 10:30 Sittercise w/ Music 11:00 Walking Group 2:00 Afternoon Meeting 2:30 Bowling Game 3:30 Color Art 4:00 Walking Group 6:00 Evening Movie-LR
27 10:00 Morning Meeting 10:30 Exercise with Music 11:00 In The News 2:00 Golf Game 3:00 Color Balls Toss 3:30 True or False Game 4:00 Music Time 6:00 Evening Movie-LR	28 10:00 Morning Inspirations 10:30 Exercise with Music 11:00 General Trivia Food 2:00 Faithful Paws Pet Therapy 2:30 Rhyming Words 3:00 Word Combos 3:30 What's In Your Head? 4:00 Walking Group 6:00 Wheel Of Fortune-LR	International Dance Day 29 10:00 Morning Devotion 10:30 Exercises w/ Select Rehab 11:00 Walking Group 2:00 National Dance Quiz 2:30 A Night at the Ballet 3:00 Dance Style Bingo 4:00 Walking Group 6:00 Evening Movie -LR	30 10:00 Morning Meeting 10:30 Patriotic Songs 11:00 Parachute Game 2:00 Ice Cream Social 3:00 Divine Mercy Chaplet 3:30 Catholic Services w/ Gloria 4:00 Walking Group 6:00 Wheel Of Fortune-LR			



Mariachi Sana Sana serenading our residents!

Heralds of Happiness

Songs have been sung about them, and poems written about them. Bluebirds have been longtime symbols of happiness in many cultures and are often associated with the renewal of the spring season. Eastern, mountain and western are the three species of this native North American bird, and all of them display bright blue feathers and chirp a cheerful song.



Mr. and Mrs. Klaveness enjoying our Valentine's Day Party!

The Reserve at Braeswood Team

Michelle White
Executive Director
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Nadine Kinney
Health Services Director
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Karla Rodriguez
Lifestyle Director
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Jonathan Breakey
Executive Chef
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Jimmy Tejada
Environmental Services Director
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Residents' Birthdays

Karen Fielder 4/02
Mary Ellen Mathews 4/11

Brain Bender: Grow a Garden

Using the clues provided, make the word "flower" grow into "garden" by changing one letter at a time to form a different word.

FLOWER

- _____ Moved like water
- _____ Imperfect
- _____ Burned
- _____ Created bubbles
- _____ Sculpted shapes
- _____ Grew crops
- _____ Heated up
- _____ Protected from danger
- _____ Person in charge

GARDEN

(Answer: flower, flowed, flawed, flamed, foamed, formed, farmed, warmed, warded, warden, garden)