

THE Reserve at Braeswood



THE RESERVE AT
BRAESWOOD
SENIOR LIVING AT EASE

Like Us!  

Lifestyle

ASSISTED LIVING COMMUNITY
7800 N Stadium Drive · Houston, TX 77030

AUGUST 2024



Dorothy celebrated her Birthday with a Nice lunch and Birthday cake from the Chef.



Anna and Celia attended Bingo at the West University Community Center.



Mary, Anna, Celia, and others are enjoying cool relaxing water at the July 4th Pool Party fun!!!

AUGUST 2024

**Brain Bender:
Day at the
Beach**

Leo, Sabrina and Vicky spent a summer day at the beach. Each of them saw a sea creature—starfish, crab and jellyfish—and enjoyed a treat from the concession stand—ice cream, snow cone and hot dog. They also met new friends by joining in an activity—Frisbee, volleyball and flying a kite.

Using the clues below, can you figure out how each of them spent the day?

- Sabrina did not play volleyball, see a crab, or eat a snow cone.
- The person who flew a kite also saw a jellyfish.
- Leo did not fly a kite, but he did eat a hot dog.
- Vicky either saw a jellyfish or ate ice cream.

(Answer: Leo saw a crab, ate a hot dog, and played volleyball. Sabrina saw a starfish, ate ice cream, and played Frisbee. Vicky saw a jellyfish, ate a snow cone, and flew a kite.)

**"It's never too late in life to have a genuine adventure."
—Robert Kurson**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 10:00 Morning Devotion 10:30 Zumba Exercise 11:00 Spelling Bee w/ Karla 2:00 Afternoon Meditation 2:30 Let's Talk w/ Karla 3:00 Story Reading w/ Book Club 3:30 Karaoke Singing 4:00 Walking Group 6:00 Classical Movie -LR	2 10:00 Morning Devotion 10:30 Thai -Chi Exercise 11:00 Breakfast Bingo 2:00 Movie Topics 2:30 Movie & Popcorn (Resident's Choice) 4:00 Walking Group 6:00 Evening Musical Movie	3 10:00 Devotion And Meditation 10:30 Chair Exercise w/ music 11:00 Word Search 2:00 Afternoon Meditation 2:30 Art Class w/ Karla 3:30 Bingo Game 4:00 Walking Group 6:00 Evening Movie -LR
4 10:00 Morning Devotion 10:30 Sit and Be Fit 11:00 Virtual Lakewood Church Services 2:00 Bible Study 2:30 Hat Chat 3:00 Beach Ball Trivia 3:30 Sing Along w/ Susie Q 4:00 Walking Group 6:00 Evening Movie -LR	5 10:00 Morning Devotion 10:30 Yoga w/ Music 11:00 Finish The Phrase!!! 2:00 Word in a Word 2:30 Name That Tune 3:00 Word Categories 3:30 Sing Along w/ Susie Q 4:00 Walking Group 6:00 Wheel Of Fortune - LR	6 Movie Outing 10:00 Morning Devotion 10:30 Exercise w/ Select Rehab 11:00 Movie Date - AMC - Fabulous 4 2:00 Afternoon Meditation 2:30 Let's Talk w/ Tracey 3:00 Sing Along w/ Susie Q 4:00 Walking Group 6:00 Evening Movie -LR	7 10:00 Morning Devotion 10:30 Exercise w/ music 11:00 Let's Talk w/ Karla 2:00 Senior Field Day w/ Games, Prizes 2:30 Catholic Prayers 3:00 Catholic Service 4:00 Walking Group 6:00 Musical Movie -LR	8 10:00 Morning Devotion 10:30 Zumba Exercise 11:00 Word Scramble 2:00 Arm Travel /Grand Canyon National Park 3:00 Cooking Committee / making Hot Dogs 3:30 Karaoke Singing 4:00 Walking Group 6:00 Classical Movie -LR	9 10:00 Morning Devotion 10:30 Thai -Chi Exercise 11:00 Breakfast Bingo 2:00 Movie Topics 2:30 Movie & Popcorn (Resident's Choice) 4:00 Walking Group 6:00 Evening Musical Movie	10 10:00 Devotion And Meditation 10:30 Chair Exercise w/ music 11:00 Spelling Bee 2:00 Afternoon Inspirations 2:30 Trivia Game w/ Karla 3:00 Color Art 3:30 Bingo Game 6:00 Evening Movie -LR
11 10:00 Morning Devotion 10:30 Sit and Be Fit 11:00 Virtual Lakewood Church Services 2:00 Bible Study 2:30 Lakewood Ministries 3:30 Worship Hymns 4:00 Walking Group 6:00 Evening Movie -LR	12 10:00 Morning Devotion 10:30 Yoga w/ Music 11:00 Spelling Bee w/ Tracey 2:00 Name The State 2:30 Word Search 3:00 Word Solving 3:30 Reminiscing 4:00 Walking Group 6:00 Wheel Of Fortune - LR	13 10:00 Morning Devotion 10:30 Exercise w/ Select Rehab 11:00 Word Categories 2:00 Afternoon Inspirations 2:30 Words That Starts with 'A' 3:00 Word Scramble 3:30 Sing Along w/ Keely 4:00 Walking Group 6:00 Evening Movie -LR	14 10:00 Morning Devotion 10:30 Exercise w/ music 11:00 Name The State 2:00 Senior Field Day w/ Games, Prizes 2:30 Catholic Prayers w/ Dolores 3:00 Catholic Service 4:00 Walking Group 6:00 Musical Movie -LR	15 Black Tie AffAIR 10:00 Morning Devotion 10:30 Zumba Exercise 11:00 Word Categories 2:00 Event Committee/ Decorating 4:00 Dress Preparations 6:00 Music Under The Stars Begins 7:30 Music by Bill Parish	16 10:00 Morning Devotion 10:30 Thai -Chi Exercise 11:00 Breakfast Bingo 2:00 Movie Topics 2:30 Movie & Popcorn (Resident's Choice) 4:00 Walking Group 6:00 Evening Musical Movie	17 10:00 Devotion And Meditation 10:30 Chair Exercise w/ music 11:00 Reminiscing 2:00 Afternoon Meditation 2:30 Name That Tune 3:00 Bingo Game 4:00 Walking Group 6:00 Evening Movie -LR
18 10:00 Morning Devotion 10:30 Sit and Be Fit 11:00 Virtual Lakewood Church Services 2:00 Bible Study 2:30 Magazine Game 3:00 Spectacular Game 3:30 Sing Along w/ Keely 4:00 Walking Group 6:00 Evening Movie -LR	19 10:00 Morning Devotion 10:30 Yoga w/ Music 11:00 Breathing Meditation 2:00 Spectacular Game 2:30 Finish The Phrase!!! 3:00 Trivia w/ Karla 3:30 Sing Along w/ Keely 4:00 Walking Group 6:00 Wheel Of Fortune - LR	20 10:00 Morning Devotion 10:30 Exercise w/ Select Rehab 11:00 Word Scramble w/ Karla 2:00 Afternoon Inspirations 2:30 Craft Committee /making gifts 3:00 Event Committee/ Decorating 3:30 Karaoke Singing 4:00 Walking Group 6:00 Evening Movie -LR	21 National Seniors Day 10:00 Morning Devotion 10:30 Exercise w/ music 11:00 Guess Who 2:00 Senior Field Day w/ Games, Prizes 2:30 Catholic Prayers 3:00 Catholic Service 4:00 Walking Group 6:00 Musical Movie -LR	22 Residents' Outing 10:00 Morning Devotion 10:30 Zumba Exercise 11:00 Trivia Game w/ Karla 11:30 Lunch Outing / Pappadeaux Seafood Kitchen 2:00 Afternoon Meditation 2:30 Afternoon Warm-Up w/ music 3:00 Trivia Game w/ Karla 3:30 Karaoke Singing 4:00 Walking Group 6:00 Classical Movie -LR	23 10:00 Morning Devotion 10:30 Thai -Chi Exercise 11:00 Breakfast Bingo 2:00 Movie Topics 2:30 Movie & Popcorn (Resident's Choice) 4:00 Walking Group 6:00 Evening Musical Movie	24 10:00 Devotion And Meditation 10:30 Chair Exercise w/ music 11:00 Word Scramble 2:00 Afternoon Meditation 2:30 Craft Class w/ Tracey 3:00 Bingo Game 4:00 Walking Group 6:00 Evening Movie -LR
25 10:00 Morning Devotion 10:30 Sit and Be Fit 11:00 Virtual Lakewood Church Services 2:00 Bible Study 2:30 Beach Ball Trivia 3:00 Reminiscing 3:30 Sing Along w/ Susie Q 4:00 Walking Group 6:00 Evening Movie -LR	26 10:00 Morning Devotion 10:30 Yoga w/ Music 11:00 The Price Is Right Game 2:00 Afternoon Warm-Up w/ music 2:30 Pet Therapy 3:00 Magazine Game 3:30 Sing Along w/ Susie Q 4:00 Walking Group 6:00 Wheel Of Fortune - LR	27 10:00 Morning Devotion 10:30 Exercise w/ Select Rehab 11:00 Trivia Game 2:00 Afternoon Inspirations 2:30 Art Class w/ Tracey 3:00 Bingo Game 3:30 Karaoke Singing 4:00 Walking Group 6:00 Evening Movie -LR	28 10:00 Morning Devotion 10:30 Exercise w/ music 11:00 Spanish Class 2:00 Senior Field Day w/ Games, Prizes 2:30 Catholic Prayers 3:00 Catholic Service 4:00 Walking Group 6:00 Musical Movie -LR	29 Residents' Birthday Party 10:00 Morning Devotion 10:30 Zumba Exercise 11:00 Finish The Cliches 2:00 Birthday Trivia w/ Tracey 2:30 Birthday Jingo 3:00 Residents' Birthday Party 3:30 Karaoke Singing 4:00 Walking Group 6:00 Classical Movie -LR	30 10:00 Morning Devotion 10:30 Thai -Chi Exercise 11:00 Breakfast Bingo 2:00 Movie Topics 2:30 Movie & Popcorn (Resident's Choice) 4:00 Walking Group 6:00 Evening Musical Movie	31 10:00 Devotion And Meditation 10:30 Chair Exercise w/ music 11:00 The Price Is Right Game 2:00 Afternoon Meditation 2:30 Mimic Game 3:00 jewelry making w/ Tracey 3:30 Bingo Game 4:00 Walking Group 6:00 Evening Movie -LR



BLACK TIE

On August 15, 2024 we are planning our first ever Music Under the Stars Event.

- Formal Attire
- Entertainment
- Good Food



Celia painting picture frames in her favorite color blue for the 4th of July photos



- Nancy Kinafar - 8/5
- Marjorie Wright - 8/12
- Jinju Chen - 8/21



Ellen Martin and Dorothy Wright playing the Magazine Game and enjoying the magazines and the beautiful dresses



Mrs. Lynn Bullard, our extra special volunteer

